



HOLIDAY SALE

Start your fitness journey this Holiday Season with the
Academy for Sports & Wellness at CPR!
Shop our 30 Days for \$40 Sale!

Shop Now

30 Days for \$40- Unlimited Classes!



LUNCH CRUNCH

MON & THUR
12:00pm-12:45pm



IRON MAIDENS

MON/WED/FRI
(FRI starting 1/12/18)
9:00am-9:45am



BACK ON TRACK

TUES & THUR
10-11am & 5:30-
6:30pm



IMPROVE YOUR
BALANCE

TUES & THUR
1:00pm-2:00pm

View Schedule

For more information about the Academy for Sports and Wellness visit pt-cpr.com/academy
or contact Lee at 616.954-0950 ext 258 or academy@pt-cpr.com