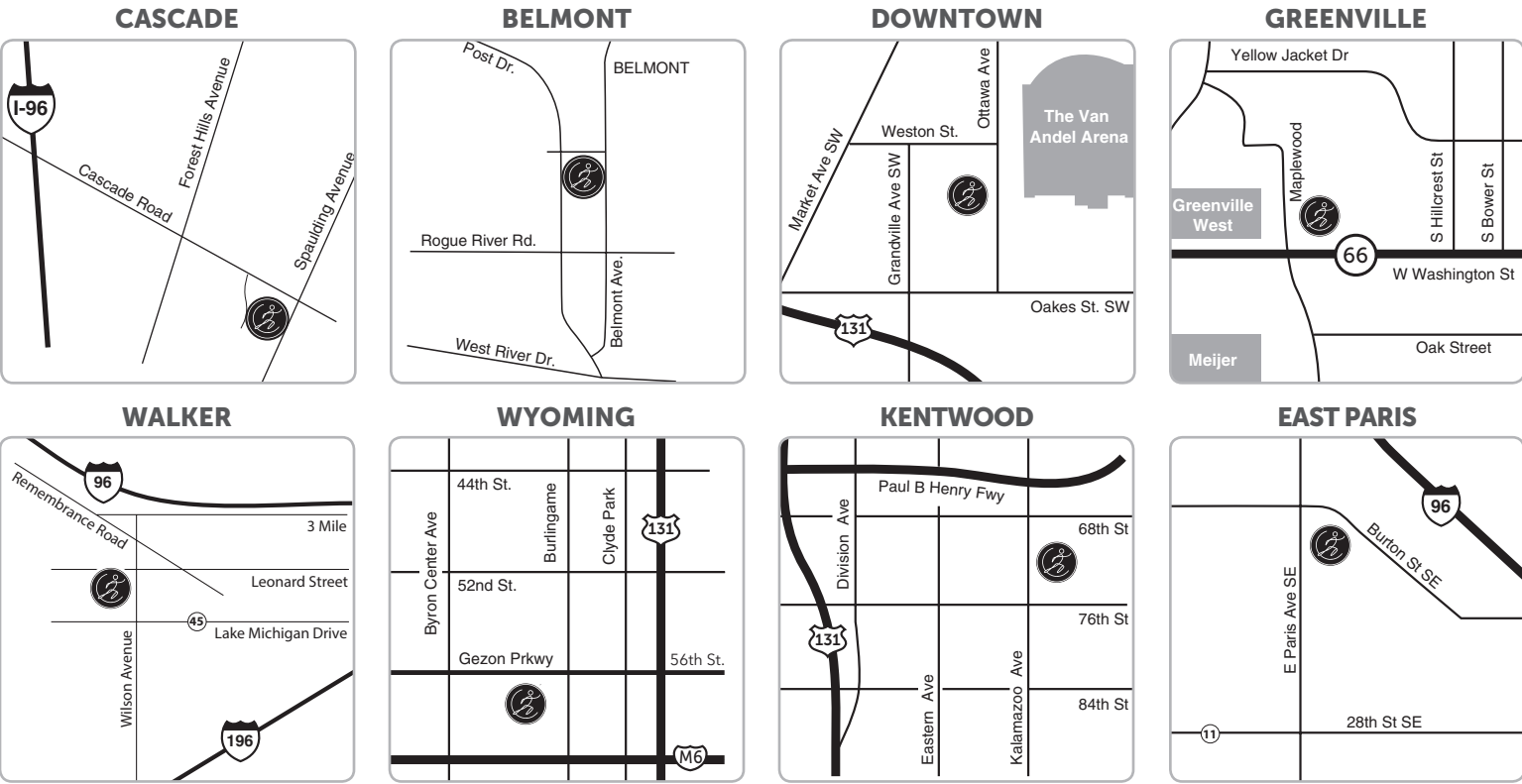
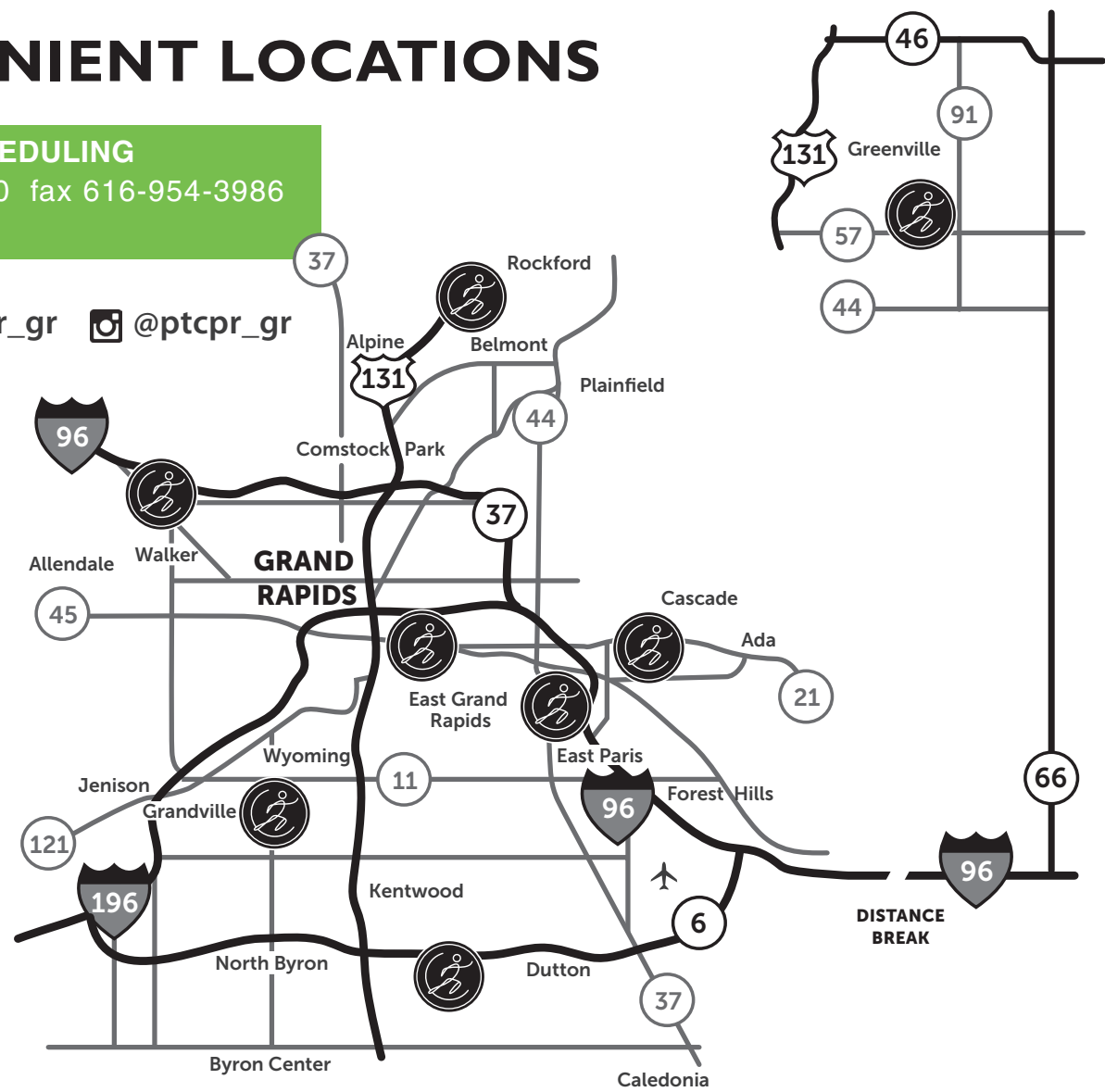


8 CONVENIENT LOCATIONS

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“WORKERS COMPENSATION & DISABILITY”



INDUSTRIAL MEDICINE
PREVENTION - ASSESSMENT - WORK SPECIFIC REHABILITATION

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INDUSTRIAL MEDICINE



INDUSTRIAL ATHLETIC TRAINING SERVICES

EDUCATION

- SAFETY ANALYSIS ASSESSMENT
- OSHA 300 REVIEW
- JOB DEMANDS ANALYSIS
- ERGONOMIC ASSESSMENT
- DEPARTMENT ASSESSMENT
- JOB SPECIFIC DYNAMIC WARM-UP

PREVENTION

- POETS
- INJURY INTERVENTION, PREVENTION, AND MANAGEMENT
- TELEHEALTH (COMING SOON)
- DRUG SCREEN COORDINATION
- FIT FOR DUTY CONDITIONING
- AGING WORKFORCE MANAGEMENT

RESTORATION

- JOB SPECIFIC PHYSICAL THERAPY
- JOB SPECIFIC WORK CONDITIONING
- PHYSICAL ABILITY TESTING
- FCE

SAFETY ANALYSIS ASSESSMENT

A report conducted that identifies potential hazards or dangers of specific job tasks in order to reduce the risk of injury to employees. The report breaks down the different tasks of a job, identifies any potential hazards during these tasks, and works to create controls to ensure safety to the worker while the tasks are being performed.

OSHA 300 REVIEW

A review of OSHA guidelines explaining how to properly log work place injuries. We help to answer questions including but not limited to: Which forms need to be completed? Which cases need to be recorded? What is considered an injury/illness? Which cases are work related?

JOB DEMANDS ANALYSIS

An on-site analysis at the employer that reviews essential and critical demands of the job. The data is collected through objective measurements, observation and interviews of employees and supervising managers. The analysis will help develop specific protocols for Physical Ability Testing as well as with POETs and be critical guiding treatment during rehabilitation and ensuring a safe return to work plan.

ERGONOMIC ASSESSMENT, DEPARTMENT ASSESSMENT

An in depth analysis reviewing office or manufacturing environments. The report can be utilized for general employee population or specific employee training in either seated or standing work station layouts. The analysis will provide a detailed summary of the potentially concerning postures and process of the employee or department; visual reporting through the use of pictures and video; a dynamic stretching plan to combat these concerns as well as recommendations of any adaptive equipment needed.

JOB SPECIFIC DYNAMIC WARM-UP

A detailed stretching and movement program customized to help prepare an employee for their specific job tasks. Program is set up for employee participation prior to work, returning from lunch, and at the conclusion of their work day.

POETS

A test designed from the JDA that focuses on the essential and critical demands of the job. Each screen is individualized to meet the needs of the employer. This test provides an opportunity to the employer to determine if the new employee is physically able to perform the job duties that they have been hired to perform. Helps determine employee baselines for any future illness/injury as well as weeding out any pre-existing conditions that may limit the new hire.

ON-SITE INJURY INTERVENTION

Our team of industrial athletic trainers have many years of experience in delivering consistent processes for onsite injury prevention that will minimize risk for employees and ensure a more safe and productive environment at your facility. We are able to help prevent injuries through early symptom intervention, job coaching, return-to-work coaching, and data collection and analysis, preventing injuries in the workplace.

TELEHEALTH (COMING SOON)

A service that allows employees to virtually access our trusted medical staff during times they are not actively on-site. Employees can securely connect with our staff through the use of their computer, smart phone or tablet.

DRUG SCREEN COORDINATION

In order to develop the most comprehensive employee onboarding process, beyond our POET screens we partner with local clinics to help provide a broad range of drug screen options to meet an employers' unique business needs, creating a clear and steadfast onboarding process.

FIT FOR DUTY CONDITIONING

A specialized program designed to acclimate and rehabilitate law enforcement, firefighters, emergency responders, and military who typical endure high stress and demanding challenges in many different conditions and often times intense settings.

AGING WORKFORCE MANAGEMENT

A group of educational and physical programs that help reduce risk of injury to a company's older employee population. Discussing how to limit consistent job stressors, avoiding chronic back pain, decreasing slip and falls, and how to safely return to work at full duty from prior injury.

JOB SPECIFIC PHYSICAL THERAPY

Our approach to Industrial Medicine continues into physical therapy clinics focusing on utilizing the essential and critical demands of the job as a template in order to create measurable job specific goals and beginning the plan for return to work on day one of therapy. Our goal is to safely return employees to their full job duties at their pre-injury level.

JOB SPECIFIC WORK CONDITIONING

Performed over the course of three or more weeks dependent upon the needs of the employer to ensure a safe and sustained return to work. These clinical visits are performed three times a week for three hours a day with a focus on strengthening and conditioning, cardiovascular endurance activities, and work simulation.

PHYSICAL ABILITY TESTING

This is a physical assessment of an employee who has been injured to determine their physical capabilities to return to modified or full work duties. A job specific approach that includes strength, endurance activities, dexterity/handling, and simulated work activities.

FCE

A 3-4 hour evaluation to determine if an individual is physically ready to return to work. Our test was scientifically developed to measure an individual's physical abilities and tolerances to industry standard activities. It is peer-reviewed and legally defensible. Tests will provide documentation to determine an individual's pain level, physical effort, and safe threshold of function based on their Physical Demand Level (PDL).