



The Center for Physical Rehabilitation - Greenville

1330 W. Washington
Greenville, MI 48838
(p) 616-754-7040
www.pt-cpr.com



Functional Progress Note

Client:	Jane Q Tees	Date of Birth:	11/16/1970
Gender:	Female	Visit Date:	11/2/2019
Diagnosis:	S/P Left radial/Ulnar Fracture	Employer:	ABC, Inc.
Referring Physician:	Joseph Smith, D.O.	Occupation:	Truck Driver
Work Status:	Off of Work	Job Title:	Truck Driver
		Date of Injury:	7/5/2019
		Surgery Date(s):	7/6/2019
		Evaluator:	John Sample, MS, OTR/L

Results

Material Handling Abilities

- Bilateral Lifting: 20 pounds
- Bilateral Carrying: 15 pounds
- Bilateral Shoulder Lifting: 5 pounds
- Pushing: 20 horizontal force pounds

Functional Abilities to Job Demands Match

This client had a Workers Compensation Initial Therapy Evaluation performed on 10/25/2019 and at this time he/she demonstrated the ability to perform 9.1% of physical demands of his/her job. This Functional Progress Note was performed on 11/2/2019 and this client demonstrated the ability to perform 45.9% of the physical demands of their job as a Truck Driver. This is a 36.8% increase in return-to-work function since the previous return-to-work test was performed. The return to work test items this client was unable to achieve successfully during this evaluation include: Occasional Squat Lifting, Occasional Shoulder Lifting, Occasional Unilateral Lifting, Occasional Bilateral Carrying, Occasional Unilateral Carrying, Occasional Pushing, Simple Grasping, Firm Grasping and Crawling.

Rehabilitation Recommendations

Per physician approval, client would benefit from continued participation in skilled outpatient occupational therapy, 3 times per week for 4 weeks to continue functional return to work improvement.

- ☐ Begin Work Hardening/Conditioning WH/WC Start Date _____
- ☐ Alter Program as follows: _____

Physician Signature _____ **Date** _____

Job Demands Match Table

	Abilities from 10/25/2019 Assessment	Abilities from 11/2/2019 Assessment	Physical Demands Gathered From	Job Demand Match?
Material Handling				
Occasional Squat Lift	5 Pounds	20 Pounds	75 Pounds	No
Occasional Power Lift	5 Pounds	Not Tested		
Occasional Shoulder Lift	5 Pounds	5 Pounds	50 Pounds	No
Occasional Overhead Lift	0 Pounds	Not Tested		
Occasional Unilateral Lift	Not Tested	10 Pounds	25 Pounds	No
Occasional Bilateral Carry	5 Pounds	15 Pounds	75 Pounds	No
Occasional Unilateral Carry	Not Tested	10 Pounds	25 Pounds	No
Occasional Pushing	5 HFP	20 HFP	40 HFP	No
Occasional Pulling	5 HFP	Not Tested		
Upper Extremity				
Fine Coordination	Not Tested	Occasional	Occasional	Yes
Simple Grasping	Occasional	Frequent	Constant	No
Firm Grasping	Avoid	Occasional	Frequent	No

	Abilities from 10/25/2019 Assessment	Abilities from 11/2/2019 Assessment	Physical Demands Gathered From	Job Demand Match?
Pinching	Avoid	Occasional	Occasional	Yes
Non-Material Handling				
Crawling	Not Tested	Avoid	Occasional	No

Medical History and Present Status

Present Status

The client reported that she is able to tolerate driving and light ADLs. The client reports difficulty with the following: opening jars and carrying heavy items. She reported that her rehab program is going well, but the lifting she is performing in rehab is still hard to perform to shoulder level. The client reported that she has a physician appointment on 11-05-19.

Musculoskeletal Testing

Upper Extremity Range of Motion and Strength

	Right		Left	
	AROM	Strength	AROM	Strength
Supination	WNL	5	WFL	5-
Pronation	WNL	5	WNL	5-
Wrist Flexion	WNL	5	20	4
Wrist Extension	WNL	5	15	4
Ulnar Deviation	WNL	5	10	4

Upper Extremity Musculoskeletal Testing

The client demonstrated the ability to perform all AROM within functional and normal limits when tested. All strength of the left upper extremity has improved and does not present with MMT deficits at this time. The client does not present with tenderness to moderate palpation of the left wrist at this time.

If I can be of assistance in interpreting this Functional Progress Note, please feel free to contact me at:

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Electronically Signed/Authenticated by

 AT, ATC

Ken D Follett, AT, ATC | Date: 01/23/2020 12:03:05 PM CST
Licensed and Certified Athletic Trainer